"Glory be to the Father and to the Son and to the Holy Spirit"



### Holy Name Catholic Parish DIOCESE OF BROKEN BAY

35 Billyard Avenue Wahroonga 2076 Web | www.holynamewahroonga.com.au



### 12th June The Most Holy TRINITY

Dear Parishioners,

Today is Trinity Sunday. God has been revealed to us as the Hoy Trinity. He shows us His glory and power, and He invites us to love Him in return for His great love for each of us, and for all creation. The Gospel reminds us that there is only one God, and in God, there are three divine Persons - the Father, the Son, and the Holy Spirit.

The Trinity is the manner in which Catholics believe God is revealed to the world. The Catechism of the Catholic Church tells us, "The mystery of the Holy Trinity is the central mystery of the Christian faith and of the Christian life." (CCC, #261)

The Church teaches that God is "mystery," an eternal mystery, beyond our capacity to understand. It is a mystery to be contemplated, not a mystery to be solved.

Traditionally, the Church expressed this as, God being revealed as Father, Son, and Holy Spirit, three expressions or "persons" of one divine essence. The Trinity is one. Catholics do not believe in three Gods but rather one God in a unity of three persons with one divine nature.

God is three "persons" but one "essence." The Father is just as much "God" as the Son and neither is "more God" than the Spirit. Each is an "expression" of the One God.



We can recall four times we acknowledge the Trinity:

- 1. We are the <u>community of the Baptised</u>. Following the "great commission" of the Lord to his apostles, we have all been baptised "in the name of the father, and of the Son and of the Holy Spirit."
- 2. Almost every time we pray or enter a church, and at the beginning and the end of every Mass, we <u>bless ourselves</u> with the Trinitarian Formula in the name of Father, Son & Holy Spirit.
- 3. Our opening <u>greeting at each Mass</u> is a Trinitarian greeting: "The grace (love) of the Lord Jesus Christ, and the love of God (the Father), and the communion (love) of the Holy Spirit, be with you all." This is drawn from St Paul in 2 Corinthians 13.14.
- 4. At the <u>end of the Eucharistic Prayer</u>, the priest recites this concluding doxology, praising the Trinity. In this prayer, the priest elevates the consecrated bread and wine, the sacrament of the Body and blood of Christ, above all temporal realities, and says: "Through Him, with Him and in Him (ie: Jesus Christ), in the unity of the Holy Spirit, all glory and honour is yours, almighty Father, forever and ever." This Eucharistic Doxology at the end of the Eucharistic Prayer expresses our praise of God, acknowledging God's greatness and adoring the eternal Trinity of Father, Son, and Holy Spirit.

This week Fr Sam and I will be away at the Clergy Conference. We are very grateful to Fr Hilarion from St Benedict's Monastery, at Arcadia for celebrating morning Mass Tuesday 14<sup>th</sup> June to Friday 17<sup>th</sup> June. Please make him welcome.

With my prayers and good wishes for all the Parishioners of Holy Name, Fr Paul



Congratulations to Chrissie and Chris Goldrick on the arrival of their first grandchild, Eamon, who was born on 4th June. Congratulations also to proud parents Jonathan and Brittany.

### Parish Masses This Week

Monday	13 June	No Mass				St Anthony of Padua, priest, doctor
Tuesday	14 June	Mass	9.15am			Weekday, Ordinary Time 11
Wednesday	15 June	Mass	9.15am			Weekday, Ordinary Time 11
Thursday	16 June	Mass	9.15am			Weekday, Ordinary Time 11
Friday	17 June	Mass	9.15am			Weekday, Ordinary Time 1
Saturday	18 June	Mass	5.00pm			Weekday, Ordinary Time 1
Sunday	19 June	Mass	8.00am	9.30am	5.30pm	The Most Holy BODY and BLOOD of CHRIST (Corpus Christi)

### Please Remember in your Prayers

### RECENTLY DECEASED:

Jason Booker (nephew of Trish and Tony Maiolo, died 4 June aged 50), Marion Ardill Pyne (Deacon Kevin Hale's mother), Rosemary Cunningham (mother of DBB Seminarian Paul), Cathy Gascoigne (died 31 May, mother of little Eleanor (deceased), Chrissy Jackson (wife of Peter, mother of Gabs & Carter, died 18 May), Graham Lockyer (father of Liz Webster), Mary Louise Sainty (former parishioner, mother of Elizabeth, Katherine, Rosemary and Hugh, died 16 May aged 96), Ronald Simpson (father of a friend of Rose Raward, Richard Connolly (friend of Patrick Kirkwood, died 4 May), Laurence Hindmarsh (father of Jane Georgiades, died 24 April, aged 96 years), Kevin Tighe (nephew of Mike Tighe), Beryl Moloney (mother of Fr Brian, wife of Leo, died 12 April), Patricia Morgan (died 13 April).

### **ANNIVERSARIES:**

Sam Severino (1st anniversary 31 May), Noel Murphy (brother in law of Frankie Doran, 1st anniversary 4 June), David MacMillan (Pat's brother, 6th anniversary 9th June), Mario Joseph Severino (birthday 9 June), George Doherty (former parishioner, 1st anniversary 9 June), Estelle Smith (mother of Dot Brink, 28th anniversary on 11 June), Joseph Burke (Brother in law to Patrick Kirkwood, 1st anniversary 11 June), Kevin Madden (brother of Chris, 3rd anniversary 14 June), Fr Kevin Liam Condon OP (1st anniversary 14 June), Joan Crawford (aunt of Jenny Southam, 4th anniversary on 15 June), Richard Doran (husband of Frankie, 11th anniversary on 16 June), Paul Pribila (4th anniversary on 26 June beloved husband and father), Peter Reidy (2nd anniversary on 23 May), Maria Ruth Gomes (Linette Sardinha's Mum, 9th anniversary 26th May), Brendan Thomas Stubbs (8th anniversary on 30 May), Peter Anderson (Frank and Jo Waldron's nephew, 8th anniversary on 19th May), Anne Stormon (8th anniversary on 19 May), Matthew Ho (Caroline Ho's father, 4th anniversary), Maria Maiolo (Tony's mum, 8th anniversary on 20 May), Andy Couch (son of Gemma & Paul, brother to Greg and Jessica, 5th anniversary 8th May), Eileen Shannon (mother of Christine Shannon - 9th anniversary on 11th May), Greg Ward (brother of Deidre Alessi, 4th anniversary 14 May), Antonio Mollace (Theresa Vumbaca's dad - 5th anniversary on 14 May), Carol Miller (mother of Jackie Thornton, 10th anniversary on 14th May), Enid Phillips (mother of Megan Khannah, 14th anniversary on 15th May) Fred Burke (husband of Betty and father of Virginia, 6th anniversary on 6 May), Marina Byrne (Lauren Montgomery's mother, 5th anniversary 7th May), Laila Gomes (1st anniversary 26 April), Donna Carbone (sister of Frances, 2nd anniversary, 24 April).

### FOR THE SICK:

Halina Brzozowzski, Rosalie Bertaglia (friend of Megan Khannah), Dympna Hayes (sister of Maureen Kippax), Kathryn Gilmore, Margaret Ryan (sister of Reg Gibbons and wife of Con), Cyril Littrich, Pam Gallagher, Margaret MacMillan, Leon D'Apice, Geoff Deacon (brother-in-law of Irene King), Max Arnett, Greg McNally, John Clark, John Fisher, Sinead Joyce (friend of Dot & Mike Tighe), Kathleen Le Gras (Sister of Brian McGarry), Emma Vassallo (Granddaughter of Will Hayward), Peter Higgins (son of Norma), Dawn Phillips (Lynne Attard's Mum), Alyssa Kent, Ted Hook (Antonina's husband), Gerard Vince (brother of Cecilia Kean), Kevin Brown (brother-in-law of Halina and David Brett in England), Joe Pulis, Patricia McGrath, Helen Dunning (niece of Leila McCreton), Edda Fragiacomo, Maurice Aliprandi (father of Erica Bayldon), Conor McCreton, Margaret Anderson (sister-in-law of Frank and Jo Waldron), Anne Carney, Walter Sutcliffe, Isla Fisher, Norma Higgins, Davin and Sharon Ho, Leanne (Sharon's sister), David Waldron (son of Jo and Frank), Chris Le Gras, Judith Hodson, Susie Dunning (sister of Leila McCreton), Gloria Boswell, John McGarry, Freya Carney, Fr Michael Fallon msc (friend of Patrick Kirkwood), Hildegard McLaughlin, Doris Buzinskas, Christopher Anderson, Jim Clayton (Fran's father-in-law), Madeleine Ryan, Gabrielle Flood, Grant Jepson, Noeline Mannix, Madeleine Reicher (granddaughter of Patricia Cox), Thomas Nash, Ross Truda, Frances Hall, Anne Sutcliffe (Walter's wife), Lillian Whitty, Mary Gibbs, Chad Walkaden, Noelene Burke, Martin McCreton (brother and brother in law of Conor and Leila McCreton), Margaret Hayes, Reginald Broderick, Michael Walsh, Caoimhe Browne, Murray Howe, George Dunne.

Please Note: Confession on Saturday, 25 June will be at 4:00pm instead of 11:30am

### What does the Word of God say to us today - Solemnity of the Most Holy Trinity

**First Reading (Proverbs 8:22-31).** This reading in praise of the wisdom of God can be seen as a moving towards the revelation of the mystery of the Trinity.

**Second Reading (Romans 5:1-5).** Christ made possible for us a relationship of love with God. This gives us the hope and sustains us in time of suffering. The Holy Spirit helps us to recognize God's love for us.

**Gospel (John 16:12-15).** The Holy Spirit helps the Church to grasp the full meaning of all Jesus said, especially what he said about the Father.

In biblical times it was common for wisdom to be personified in the feminine. The Second Reading and the Gospel are chosen because they specifically mention the three Persons of the Blessed Trinity, and the role of each Person in our salvation.

St Paul stresses the role of Christ in our salvation. Through him hostility and alienation are overcome, and we are able to enter into relationship with the Father. Therefore, we can hope to share God's glory. This sure hope will enable us to persevere in spite of suffering. Through the Holy Spirit God's love is poured into our hearts.

The Gospel stresses the role of the Spirit - carrying on in the Church the work of Jesus after Jesus has departed to the Father. There will be no further revelation. There can't be, because Jesus is *the* revelation of the Father. The role of the Spirit will be to enlighten successive generations to the contemporary significance of what Jesus said and did.

### Quotes for the Week

"The sign of the cross reminds us of the Trinity which resides in us, of God's name and of our commitment to the faith from the moment of baptism.

Benedict XVI

"Most Blessed Trinity of love For whom the human heart was made, To You be praise in timeless song, And everlasting homage paid." Antiphon from the Divine Office: Stanbrook Abbey



Holy Trinity (Troitsa). Andrey Rublev, 1425-1427



"The Vision of St Augustine" by Sandro Botticelli.

### Sacramental Program—First Eucharist (First Communion)

### **TIMELINE of DATES for the Sacramental Program**



### FIRST EUCHARIST (FIRST HOLY COMMUNION)

11<sup>th</sup> June - No lesson on the Long Weekend

### Saturday, 18 June at 3.45pm

3rd of the four First Eucharist Preparation Lessons: Meet in the Prouille School Hall each week, before going to group lesson, followed by 5pm Mass at Church then a sausage sizzle

### Saturday, 25 June at 3.45pm

4th of the four First Eucharist Preparation Lessons: Meet in the Prouille School Hall each week, before going to group lesson, followed by 5pm Mass at Church then a sausage sizzle

Attendance at all lessons and Masses is an expectation of the Sacramental Program.

Practices: One evening in the last week of July, one session for each Mass. Dates to be advised. Celebration of Sacrament of First Eucharist (First Holy Communion)

Saturday 30 July, 5pm Mass at Church OR Sunday 31st July, 9.30am Mass at Church

We welcome your families when attending a weekly Mass as an integral part of your child's Sacramental program.

# Baptism A

### **BAPTISM FOR OLDER CHILDREN (Over 7 years)**

We are currently taking enquiries for children aged 7 years and over to join a short program of Preparation for Baptism. The next Sacramental Program (for Confirmation) commences in July 2022 and the Baptism Program would take place prior to this.

Children are required to be baptised in order to receive the Sacraments of Confirmation, Reconciliation and Holy Communion.

For further information please contact Mrs Sally Oong at: Sally.oong@bbcatholic.org.au



### Men's Rosary Crusade

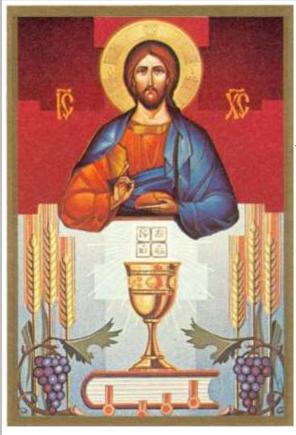
### **MEN'S ROSARY CRUSADE**

Is a movement of men publicly offering reparation & repentance to God on the 'First Saturday' of each month in honour of Our Lady of Fatima and her requests. #mensrosarycrusade

For more information call Tomasz on 0413802069. Our Lady of Fatima's request to pray for peace, making reparation to the Immaculate Heart of Mary and fulfilling the First Five Saturday's Devotion has never been more important. Confession from 11.30am and Holy Mass at 12pm in St Mary's Cathedral. Men, it's time for ACTION - join us, share the message, invite others and bring your mates and sons along. Rain, hail or shine it's on! Our Lady of Fatima, pray for us.

Our Parish Men's Group hosts a BBQ after the 9:30am on the 1st Sunday of the month—everyone is welcome.

### The Most Holy BODY and BLOOD of CHRIST (Corpus Christi) Preparing for next Sunday— 19th June



**The Solemnity of Corpus Christi**, the body and blood of Christ, highlights one of the distinctive features of Catholic faith, among the world religions and philosophies.

Jesus refers to himself as "the living bread come down from heaven". We, his disciples, are to be fed and nourished by this "living bread come down from heaven" as we make our way to the freedom and joy and eternal salvation of our homeland in heaven, where we will remain in the love of the Trinity.

St John tells us at the beginning of his Gospel that Jesus is the Word of God made flesh. By his word, this sacrament of the body and blood of Christ is instituted:

He broke bread saying:
"Take and eat if it, for this is my body,
which will be given up for you."

He took the chalice saying:
"This is the chalice of my blood...
which will be poured out for you."

Bread and wine is transformed, trans-substantiated by the power of Jesus' Word and the action of the Spirit. This is something not of our own making, but something instituted by Christ himself: we celebrate the Eucharist at his command: "Do this in remembrance of me; do this in memory of me"



### **SERRA VOCATIONS MASS AND DINNER MEETING**

Father Aldrin Valdehueza will be celebrating Mass for Serra at Sacred Heart Church Pymble on Thursday 23<sup>rd</sup> June 2022.

The evening commences with Mass at <u>6.00 PM</u> followed by a light meal and a short meeting.



Following the meeting Father Aldrin will be our guest speaker.

Everyone is welcome. Please "come and see".

Please remember to pray <u>every day</u> for vocations to the priesthood, diaconate, the consecrated life, ecclesial women, all seminarians and novices and for the perseverance of existing vocations.

Please telephone: Terry Scanlan on **0438 887 295** or email terry\_scanlan@bigpond.com if you would like to attend.



### Parent Engagement Coordinator (PEC)

With students at the centre of everything we do, our purpose is to inspire hearts and minds to know Christ and grow in faith. We encourage students to use their talents to be the best they can be. In order to help support this vision, we are looking for an inspiring and faith-led **Parent Engagement Coordinator**.

The Parent Engagement Coordinator role has been developed in direct response to community feedback and aligned with the towards 2025 strategy to strengthen family, school and diocesan relationships. This process was undertaken in consultation with key stakeholders; CSBB leaders, principals, parents, clergy, Catholic care and the chancery. This part time position will play a crucial role in building and maintaining a welcoming, respectful community, while strengthening relationships between school, parents/families and the wider catholic community. The PEC must be adaptable, creative and able to customise their work to meet the diverse needs of the community and respond to parent feedback.

PEC will primarily work in partnership with a range of stakeholders: the principal, parents/carers/families, school counsellor, Catholic Care, Parish priest and the Religious Education Coordinator/Youth Minister. The PEC will work in two focus areas; supporting Family Wellbeing to promote learning & engaging all families in the Catholic school community.

If you are someone passionate about strengthening family, school, parish, and Diocesan relationships this might be the right opportunity for you, providing a potential pathway to other leadership positions.

For further information regarding the PEC position, please contact

Fr Paul Durkin: paul.durkin@bbcatholic.org.au 9489 3221

Or

Catholic Schools Broken Bay: cso@dbb.catholic.edu.au https://www.csodbb.catholic.edu.au/

## St. Lucy's School has some exciting employment opportunities

We are looking for Primary and Secondary Special Education teachers for our Wahroonga campus, for positions commencing immediately.

Our classroom teachers are the 'project manager' for their class and leads the classroom team providing direction and instructions to the teacher's aides. They are responsible for the social, emotional, physical, and spiritual well-being of their students and for their progress in all areas of the curriculum.

This is a wonderful educational community to work in - there is an unwavering commitment to inclusion, professional learning, and staff wellbeing.

Please see our website for details on how to apply. <u>Careers at St Lucy's School - St Lucy's School (stlucys.nsw.edu.au)</u>

### A Wonderful Opportunity......

Holy Name is part of KCEA (Ku-ring-gai Christian Education Association), a wonderful ecumenical initiative of eight (8) local Christian Churches who provide a full time Scripture teacher at our local high school (Ku-ring-gai High School).

It is a highly successful program which has now been providing Christian religious education to the students for more than thirty (30) years. We are looking for two (2) new representatives from Holy Name Parish to join the committee. It is not an arduous task—four (4) evening meetings throughout the year and three (3) Prayer Breakfasts. It would suit ladies and/or gentlemen with, but not necessary, an interest in education or ecumenism.

This is an extremely rewarding ministry.

For more information, contact : Jennifer Gregory 0403 114 938





### Saints We Remember in the Coming Weeks



### St Anthony of Padua (1195—1231) Feast Day 13 June

Anthony's birth and baptismal name was Fernando Martins. He was born in Portugal in 1195 to a wealthy family, yet he felt called to the priesthood and chose a life of poverty. At the age of fifteen he traveled to the capital of Portugal to study to become a priest. After his ordination, he lived at an abbey and was responsible for taking care of visiting guests. Once when some Franciscans were visiting, Fernando felt called to join their order. When he took the vows of this order, he changed his name to Anthony.

Anthony was not known for his preaching abilities and his superior told him, "Just say what the Holy Spirit wants you to." (In other words, don't prepare anything and God will give you the words to say.) His homily was so well received that he was from then on asked to preach to various groups. He became known as a great preacher as everyone could understand what he was trying to teach.

Books back in this time were rare and highly treasured. Anthony had a book that he often used for reference when teaching. One day it was stolen. Saint Anthony prayed that the thief would return it. His prayer was answered. The thief even eventually became a member of his religious order! (This is why Saint Anthony is often called upon by people who are searching for lost items.)

### St Aloysius Gonzaga (1568-1591) Feast Day 21 June

St. Aloysius was born in , Italy. The first words St. Aloysius spoke were the Holy Names of Jesus and Mary. He was destined for the military by his father but by the age of 9 Aloysius had decided on a religious life, and made a vow of perpetual virginity. To safeguard himself from possible temptation, he would keep his eyes persistently downcast in the presence of women.

St. Charles Borromeo gave him his first Holy Communion. A kidney disease prevented St. Aloysius from a full social life for a while, so he spent his time in prayer and reading the lives of the saints. Although he was appointed a page in Spain, St. Aloysius kept up his many devotions and austerities, and was quite resolved to become a Jesuit. His family eventually moved back to Italy, where he taught catechism to the poor.

When he was 18, he joined the Jesuits, after finally breaking down his father, who had refused his entrance into the order. He served in a hospital during the plague of 1587 in Milan, and died from it at the age of 23, after receiving the last rites from St. Robert Bellarmine. The last word he spoke was the Holy Name of Jesus.



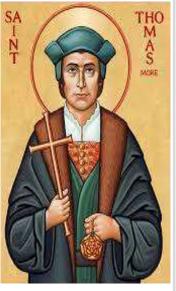
### Sts John Fisher and Thomas More Feast Day 22 June



St John Fisher (bishop)

The joint Feast Day of Saints John Fisher (1469-1535) and Thomas More (1478—1535) serves as an inspiration to both clergy and laity in the Church and modern world. As a priest and bishop, John Fisher was martyred on June 22, 1535, for his opposition to the marriage of King Henry VIII to Anne Boleyn and his refusal to acknowledge Henry as supreme head of the Church of England. Two weeks later, on July 6, Thomas More, a husband and father, was martyred in the tower of London for the same reasons.

Both were canonized saints on May 19, 1935, by Pope Pius XI. For all the baptized, both citizens and politicians, the stories of John Fisher and Thomas More are yet another reminder that faith cannot remain a private concern but must also animate our public lives of integrity. Saints John Fisher and Thomas More teach us that this can only come about through Christians with a courageous conscience, being faithful to truth and having a proper understanding of the relationship between church and state.



Thomas More (martyr)

### Parish Contact Information and Mass Times

Parish Priest: Fr Paul Durkin paul.durkin@bbcatholic.org.au **Assistant Priest:** Fr Sam French sam.french@bbcatholic.org.au Mrs Jackie Thornton jackie.thornton@bbcatholic.org.au Parish Secretary: Parish Office:

Holyname@bbcatholic.org.au

Sacramental Coordinator: Mrs Sally Oong sally.oong@bbcatholic.org.au

Office Hours: Monday, Tuesday, Thursday, Friday 9.00am—5pm

Phone: (02) 9489 3221

Postal Address: P O Box 385 Wahroonga NSW 2076

Prouille School: 5 Water Street Wahroonga NSW 2076

School Principal: Ms Genevieve Smith

Phone: (02) 9489 3233/ School Website: www.prouilledbb.catholic.edu.au

CCD Coordinator: Mrs Cecilia Kean

Eucharist Ministry to the Sick Coordinators: Mrs Pam Koroknay: Mr Chris Madden.

(Housebound) Mr Paul Sutherland

Weekend Ministries Co-ordinator: Mr Chris Goldrick cgoldrick@optusnet.com.au 0450 963 596 St Vincent de Paul (Wahroonga Conference): Mr Anthony Weaver (President) 0423 842 823, Mr Ken Laing

(Treasurer), Mrs Candy Cosgriff (Secretary)

### Weekend Masses:

Saturday 5.00pm (and FIRST Saturday of the month Mass at 9:15am)

Sunday 8.00am, 9.30am and 5.30pm

and 7.30pm at Loreto College Normanhurst during school terms

Mass on Tuesday to Friday: 9.15am 8.30am - 9.00am Silent Prayer

9.00am—9.15am Morning Prayer of the Church

Rosary after Mass on Tuesday

Special Intercessions/intentions remembered at Friday Mass.

Friday evening during Lent: Adoration 6:00pm

Stations of the Cross 6:30pm

### Mass is also celebrated::

Our Lady of the Rosary Cathedral, Waitara— Monday 7.00am St Leo's College, Wahroonga Friday 12.55pm during school terms Baptism: Preparation - last Sunday of the month.

Baptisms - 2nd and 4th Sunday of the month at 11.00am.

Bookings essential through the Parish Office.

#### Marriage:

By appointment, at least six months in advance.

### **Sick Calls:**

Any time day or night.

Please call 0408 350 885 out of office hours

### **Confessions:**

Saturday 11.30am or by appointment. The list of times in surrounding parishes is on our parish website. We recommend you call the parish in advance to confirm

Parish Pastoral and Missionary Council for 2020/2021: Tess Denham-Fabry (Deputy Chair), Ed Scully (Secretary), Chrissie Goldrick, Tom Waugh, Giovanna Flores-Clarke, Ian Edmunds, Samantha Vieira, Sally Oong and Roger Bohlsen, along with Genevieve Smith (Prouille) and Elizabeth Webster (St Lucy's) and a representative from St Edmunds.

Parish Finance Committee: Marinela Mendes, Tony Monardo, Robyn Elizondo, Tim Quilty, Paul O'Brien

Parish Fundraising Committee: Noel Kean (Chair), Meredith Baume, Anthony Weaver, Lyn Saul, James Toomey

The Parish Bank Account Number: The Catholic Development Fund (CDF) with whom the parish banks), has changed some of its processes. This means we have a new account number. In the past, we would provide the details here, however, in late 2020, the Diocese of Broken Bay advised we were no longer to advertise our bank account details in the parish bulletin or on our website. SO WHAT DOES THIS MEAN? If you deposit directly to the parish account (on a regular or ad hoc basis), we need to provide you with the new account number. There is no change to regular credit card contributors.

Thank you for your financial contribution to the support of our Parish Community and its priests. It is greatly appreciated.

- The 1st Collection taken up at Mass goes to the Clergy Remuneration Fund for the financial support of the priests.
- The 2nd Collection taken up at Mass is for the running and upkeep of the Parish.

We invite you to help our Parish by joining a Planned Giving scheme. Please contact the parish office for the way you can participate in this. Your gift of any size will help our parish continue our good works & outreach.

Alternatively see the "Make A Payment" tab on www.holynamewahroonga.com.au

IN CASE OF A MEDICAL EMERGENCY: Our Church is equipped with a defibrillator in the event of a cardiac arrest. It is located near the entrance to the church, next to the notice board. It is designed to be used by everyone. Please familiarise yourself with the use of this device at AED Plus Step-by-Step Demo - YouTube in case of an emergency.